



Welcome to **Haifa**

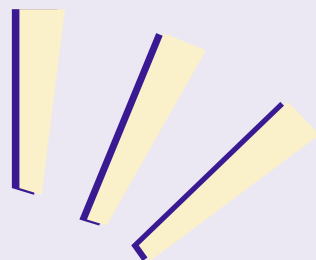
Everything you need to know!

JLIC Mizrachi Technion
2024-2025

WELCOME!

We are thrilled to have you in our vibrant JLIC Mizrachi community in Haifa. This welcome packet is designed to help you with all the essential information you need to settle in and make the most of your new home. Whether you're an undergraduate, masters student, or young professional, we've got you covered!

We wish you good luck and hope this packet will help you feel right at home!



WHAT IS JLIC?

JLIC's mission is to create a movement of vibrant Jewish life among emerging adults aged 18 to 30 through transformative leadership development, innovative educational programming, community building, and meaningful engagement opportunities. We empower the next generation of leaders who will inspire and strengthen the Jewish community worldwide.

Mizrachi is the global Religious Zionist movement, spreading Torat Eretz Yisrael across the world and strengthening the bond between the international Jewish community and the State of Israel. Mizrachi inspires people with a sense of commitment to the Torah, the Jewish people and the Land of Israel.

At JLIC Mizrachi Technion we are dedicated to building community, providing Torah learning opportunities, and supporting the students in their endeavors and everyday lives. Here at the Technion there is a widely diverse population of young Jewish students from around the world studying sciences and technology. We welcome students with open arms, a warm environment, and a smile! We are located right off of campus and we offer a range of activities and events in our home and on campus.

WHAT WE OFFER

Community

JLIC Mizrachi provides a vibrant and active community - friends and peers join together for celebrations and challenges, milestones and holidays, everyday Jewish life, learning, events and activities.

Under the leadership of the Rabbinic couple, JLIC Mizrachi runs daily programming, including Torah learning opportunities, a spirited Shabbat atmosphere and social events. Over 200 individuals see this community as central to their lives whether they are building a home in Israel or studying far away from home.



Did You Know?

JLIC Technion is one of the newest JLIC campuses, just opened in August 2023!



Torah Learning Portions

On a weekly basis one can find JLIC shiurim (Torah classes) going on in the Beit Midrash on campus. R' Evan teaches weekly classes in Halacha, Gemara, and Jewish Philosophy. Tova teaches Parsha at Lunch and Learn on Wednesdays during the campus-wide lunch break. Once a week, our Beit Midrash program collaborates with a program called Chavruta. This collaborative program consists of a keynote shiur for the first session, free homemade dinner, followed by student-guided group study session to learn specific books or topics of interest. There are also opportunities to set up a personal chavruta with Rabbi Evan or Tova as well.



Shabbat

Shabbat at JLIC is the highlight of the week! Rabbi Evan and Tova host Shabbat meals at their house in a homey environment with delicious home-cooked food, a great atmosphere, and lively singing and conversation. They host a couples' Shabbat lunch every two months for engaged and married couples to have a chance to bond. Community members host meals in their apartments across campus and joining the Shabbat Shalom whatsapp group might be useful to coordinate with other students if you would like to host a meal or be hosted for a meal. At our seuda shlishit programs, which happen once or twice a month, students will gather on the grass to hang out, have a bit to eat, sing Shabbat songs, and enjoy a dvar Torah prepared by a student from the community. Twice a year the student committee of English speakers joins together with JLIC to put on a Shabbaton with around 150 students on campus.



Support

The Rabbinic couple is here for all of the students' pastoral needs as well. They are available and accessible for personal conversations and coffee dates, learning before one's wedding for *Chatan* and/or *Kallah* classes, guidance in *halachic* questions, Jewish practice, and Jewish life.

Social and Volunteer Opportunities

We come together for volunteer opportunities, such as the war effort challah baking, cookie making, and getting supplies to soldiers and families, as well as social opportunities which include BBQs, games nights, Jewish Cuisine from around the World, Lads' night, Ladies' night, Football, and Sushi Making.



Chagim

Rabbi Evan and Tova host chaggim meals at their home, in their sukkah, and on campus. Many of the chagim are celebrated together as a community. This includes Rosh Hashana meals (depending on the year), the seuda before Yom Kippur and break-fast afterwards, Sukkot and Simchat Torah meals. On Chanukah, there are celebrations such as doughnut decorating, latke making, and candle lighting. On Purim, the JLIC Directors host a Purim Seudah in their home with a different theme each year. In the spring, there will be a Pesach Seder for those who need (depending on the year), as well as chag meals for Shabbat chol hamoad and the last day of Pesach. We commemorate Yom Hazikaron together as a community. This is especially powerful for a community of people living in Israel, many of whom are olim and serve or have served in the army or sheirut leumi. We usually participate in a joint tekes (ceremony). On Yom Ha'atzmaut we connect deeply as a community once again through singing, celebration and a BBQ! Our Shavuot celebration and programming includes a big chag meal all together on campus with an all night learning Tikkun Leil program, with plenty of cheesecake and ice cream breaks!



Did You Know?

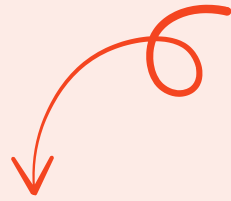
At our annual Shabbaton in Feb 2024, we had Jewish students from over 25 countries around the world!

MEET THE LEADERSHIP!

Rabbi Evan & Tova Levine

Directors, JLIC Mizrahi Technion; Rabbinic Couple

R. Evan: 052-229-5278 | **Tova:** 052-229-8735



Rabbi Evan Levine grew up in a small suburb of Los Angeles, California. He completed his BS in Economics from the University of La Verne, after which, he went to work in finance for several years. R' Evan left his career in finance to go to Israel, where he spent almost 10 years learning Torah in a variety of yeshivot. In 2021 R' Evan ventured out on *shlichut* to Manchester, England, where he was the assistant Rabbi at Hale Shule and provided quality in-depth Jewish education in the Hale community. In his free time Evan likes hiking, reading, sailing, a strong coffee, and good chummus.

Tova Levine grew up in Providence, Rhode Island. She studied at the Maimonides school and earned a BA in Judaic Studies and a BS in Human Development from Binghamton University. Afterwards, Tova studied Torah for a year at Nishmat. After they were married, Tova earned her Masters in Social Work from Hebrew University in Jerusalem, and worked in the mental health field as a social worker for 5 years. While they were on *shlichut*, Tova assumed the role as assistant Rebbetzen in the Hale community. In her free time, Tova loves exploring new places, hiking, learning, reading, swimming, collaging, and scrapbooking.

Yaeli is originally from London, England, and made aliyah in February 2019. She attended Hasmonian High School in London until 2017 and then decided to go to Israel on a gap year program called Aardvark. She always knew that she wanted to live in Israel, and her gap year proved how much she wanted to make her life here. After she went back home to England in 2018, she decided 4 months later to make aliyah. Yaeli went straight to Kibbutz ulpan and met her husband, Yoni Davis, who had come to kibbutz for his gap year from South Africa. Yaeli and Yoni have been living in Haifa since Oct. 2021, and in Dec. 2023 gave birth to a beautiful baby girl called Liel Rina Davis. Some hobbies of Yaeli include horse riding, singing and eating good food.



Yaeli Davis

Student Program
Coordinator;
058-661-0713

ABOUT HAIFA

Haifa is the third-largest city in Israel. Built on the slopes of Mount Carmel, the settlement has a history spanning more than 3,000 years. As of 2016, the city is a major seaport located on Israel's Mediterranean coastline in the Bay of Haifa covering 63.7 km. Immigrants from the former Soviet Union constitute 25% of Haifa's population, thus making Russian one of the three main spoken languages of the city. The Matam high-tech park, the first dedicated high-tech park in Israel, opened in Haifa in the 1970s. Haifa also has two cable cars. The Bat Galim cable car connects Bat Galim on the coast to the Stella Maris observation deck and monastery atop Mount Carmel. Opened in April 2022, Rakavlit, the second cable car, runs from HaMifratz Central Bus Station at the foot of Mount Carmel to the Technion, and then to the University of Haifa.



Technion: Israel Institute of Technology is the oldest and top ranked university in both Israel and the Middle East. When the doors of the Technion opened to students in the winter of 1924, no one could have fathomed the impact that the Institute would have on Israel's social and economic development and global intellectual and scientific advancement. Technion graduates, researchers, professors, and students account for more than 70% of the startup founders in Israel's wildly successful high-tech sector and at least 50% of the nation's engineers.

The vast majority of the JLIC Mizrahi community lives either in the Technion University dorms or within a 20-minute-walking radius from Technion University Campus in the neighborhoods of Neve She'anani, Ziv, or Ramot Remez. One term to already get acquainted with is Merkaz Ziv. It's the name of the main intersection next to the Technion campus where you can find nearly anything you need or want, from grocery stores and clothing, to cafes, banks and pharmacies. In this packet you will find a more elaborate explanation on where things are.



FINDING A PLACE TO LIVE

➔ Dorms

Most undergraduate students at the Technion chose to live on campus. It is a nice, green, comfortable, safe, and closed-off campus. Religiously observant students at Haifa University also tend to live closer to the Technion or in the community of Neve She'anana, which are the hubs of religious and observant Jewish student life. Many masters' students chose to live in the nearby community of Neve She'anana.

➔ Apartments

There are students already living off campus that might be searching for roommates, feel free to be in touch via the whatsapp groups or the rabbinic couple to see if there's a good match. Start looking for an apartment around 1-2 months before your desired entry date to find roommates or a new landlord for a new apartment of students.



Questions to ask when looking for a new apartment or planning to move into an existing one:

- Whether there is an elevator in the building, and which floor the apt is located on (few apartments in Haifa have Shabbat elevators)
- Whether the apt or your room comes furnished. It's not the worst thing to acquire furniture, but it could be time consuming, and may not be worth your money if you don't intend to stay for a long time.
- Location: Consider the distance from the Technion campus, public transportation, or other amenities that are important to you - grocery stores or gyms, etc.
- Size: If you plan on hosting Shabbat meals, look for a bigger space.
- Storage: if you're coming with a lot of luggage, you might want to ask about extra storage space in the building or the apt.
- Whether there's is an AC unit in the room that you'd be taking (summers in Haifa can get hot and humid).
- Who your roommates are - it's great if you're both at the same stage, but also great if you're not; it gives you the opportunity to meet more people from various circles and get better acquainted with the community. Sometimes it's a great idea to room with your best friends, other times it's actually nice to room with others in order to preserve the friendship - that will depend on your personality.

HOME GOODS

➔ Furniture

- Check out second-hand furniture on Yad2 or Facebook Marketplace.
- Ikea is everyone's favorite go-to, with relatively cheap furniture. You can browse the website (<https://www.ikea.com/il>). If you have access to a car, we recommend making a day-trip out of it (and enjoying the kosher, inexpensive meat and dairy restaurants while you are there)! Delivery is also an option for larger items.
- Home Center: <https://www.homecenter.co.il/> (Hebrew).
- If you have the time, there are many furniture stores in the Checkpost and the surrounding areas.

➔ Appliances

You can look for big appliances like a fridge or oven on second-hand websites like Yad2 and Facebook Marketplace if you are looking to save money. If you want to buy new, however, you can check out Ace or Home Center's websites, Mahsanei Hashmal (<https://www.payngo.co.il/>), K.S.P in English (<https://ksp.co.il/web/world/3>) or Google what you're looking for and compare prices on other sites. The same stores sell small appliances.

➔ Household Products

Things like kitchenware, beddings, towels, tools or bathroom accessories can all be found in stores like Home Center, and Ikea, which are certainly adequate. Additionally, there are many stores that sell home goods as well, such as Fox Home and SOLTAM (located in the Grand Canyon Mall), and of course, you can Google more options. You can also visit Gam Stock on Trumpeldor Street for a cheaper option.



Where to Find...

- **Cleaning & paper products?** Nearly any grocery store, pharmacy like Superpharm
- **Office supplies?** See above. If you don't mind a bus ride, there is an Office Depot in the Grand Kenyon.
- **Adapters and converters?** Max Stock at Sokolov 56 or one of several hardware stores along Sokolov
- **Extension cords and wall taps?** See above. These can also be found at grocery stores and stores like Gam Stock in Merkaz Ziv.

SERVICES

→ Banking

If you're interested in opening a bank account in Israel, it's really not that hard! If you have an Israeli Teudat Zehut, you can open an account online on the bank's website or through their app. If you don't, you will need to go to your bank's branch in person to open a bank account. You should call in advance to schedule an appointment and find out about relevant documents you'll need. After, you'll be able to order a credit-card and checkbook, if needed. The majority of banks in Israel have English-speaking services. There are many banks in Israel, but only a few banks have branches in the area. We recommend consulting with others on which bank services they use or doing your own research online.

Local banks:

- Bank Benleumi - on Technion campus in the Student Union building
- Mizrachi Tefachot - Merkaz Ziv
- Bank HaPoalim - Merkaz Ziv

If you'd like to understand more about the Israeli banking system, visit: <https://www.nbn.org.il/life-in-israel/finances/banking-and-foreign-currency/a-guide-to-navigating-the-israeli-banking-system-some-practical-tips/>.



→ Mail

In Israel, receiving mail not through a private company (like FedEx or DHL) works the following way: small letters and parcels that can fit in your building's mailbox will make their way there. For bigger packages, the Israel Postal Company will keep you updated via email or text messages about receiving your package and where to pick them up - in Haifa, this would either be in the mall, a nearby store, or at the Post Office on campus.



➔ Insurance & Healthcare

If you're enrolling at Technion from abroad, the school administration will walk you through the process of acquiring insurance (including healthcare and traveler's insurance). However, if you're on your own living in Israel, there are four healthcare providers who all have branches in Haifa and offer services in English:

- **Clalit:** <https://www.clalit.co.il/he/info/entitlements/Pages/englishrights.aspx>.
- **Maccabi:** <https://www.maccabi4u.co.il/1781-he/Maccabi.aspx>.
- **Meuhedet:** <https://www.meuhedet.co.il/en/>.
- **Leumit:** <https://www.leumit.co.il/eng/Useful/AboutLeumit/>.

To understand more about Israel's healthcare system, you can visit the Nefesh B'Nefesh page: <https://www.nbn.org.il/life-in-israel/healthcare-in-israel/kupot-cholim/kupot-cholim/>.



➔ Additional Services

If you live on campus, then most of these services should be taken care of by the dorms office. If you live in an apartment, you'll be seeing various magnets appear on your door throughout the year of businesses advertising themselves. Hold on to these! You never know when they'll come in handy. If you're looking for a plumber, electrician, mover, painter, etc, post in the whatsapp group "Did you hear that?" to see what others recommend!



BUYING GROCERIES

Grocery Stores

- **Shufersal** - Closest grocery store, a little pricier, large selection. It is within walking distance, or a 5 minute bus ride from campus, located at Merkaz Ziv.
- **Nativ Hachessed-** Right next to Shufersal, some things are a little cheaper here and is located in Mercaz ziv.
- **Rami Levy** - Cheapest grocery store in the area. It is about a 30 minute bus ride down the mountain to the industrial shopping area of Nesher.
- **Osher Ad** - Wholesale, buying in bulk and cheaper. It is about a 25 minute bus ride down the mountain to the industrial shopping area of Nesher.
- **Health Food Store** - Nitzat HaDuvdevan is located on Komoi Street at Merkaz Ziv.
- **Online shopping** - Online shopping is available for Shufersal and Rami Levy, often students will create an account together and share the password to order a big joint food shop once a week or once every two weeks. Sometimes items are not available and will not arrive, often they will ask you whether you want to exchange for something else.



Did You Know?

Our crucial community operations are made possible by donations from our broader community, in addition to the critical support we receive from the Orthodox Union and World Mizrahi.

To partner with us, visit: technion.oujlic.org/donate/

RESTAURANTS & CAFES

On Campus

All of the restaurants and Cafes are under the hashgacha and kashrut of Rav Dokov, the rabbi of the Beit Kneset on campus. The Cafe by the swimming pool is the only cafe on campus that is NOT kosher.

Cafe Cafe - Dairy

Napo Roll and Bowl - Fish and Pareve
(Pescatarian, Vegetarian and Vegan)

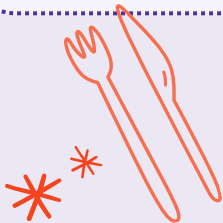
Pizza Hut - Dairy

Kivsa Shchora - Meat

Panda Wok - Meat

Shwarma - Meat

Salad Bar - Dairy, Fish, and Pareve



➔ Tzomet Ziv

All kosher restaurants listed here are Under Hashgacha, all kashrut subject to change:

Chummus Berdichiv - Meat and Pareve

Shnitzel and Shwarma haTe'omim - Meat

Asiatico - Meat and Pareve

Biga Cafe (Mehadrin) - Dairy

Falafel Ziv - Meat and Pareve

MOVING TO ISRAEL

Ulpan and Learning Hebrew

Learning Hebrew doesn't have to be hard! Our best advice is to go and speak Hebrew as much as possible (we're surrounded by Israelis!). However if you feel you're more of a beginner, or Duolingo just doesn't get you results, you can consider doing Ulpan to get proficient in Hebrew.

- There are Hebrew courses through the Technion
- Ulpan Etzion Carmel
- We recommend doing research online to find an Ulpan that accommodates your specific needs, such as your schedule, your level of Hebrew and whether you prefer to do Ulpan in-person or online. You can Google "Ulpan" or visit the Nefesh B'Nefesh website page which provides a list of Ulpan options and additional Hebrew-learning resources: <https://www.nbn.org.il/life-in-israel/learning-hebrew-and-ulpan/ulpan-and-hebrew-learning-resources-online/>.

Where Can I Get...

- **A passport photo?** Photomania at Merkaz Ziv on Sholom Aleichem St.
- **A SIM card?** Grand Canyon Mall on Rav Simcha Golan St..



JEWISH RESOURCES

Eruv Map



➔ Mikva

Shaul St. 22
Phone: 04-822-5139

➔ Gniza

There's a bin in the Beit Midrash, and a public bin on Rut HaCohen Street next to Nachlas Levi'im Yeshiva.

➔ Judaica Stores

There's one in Horev Center Shopping Mall as well as on HaGalil Street in Neve She'an.

Where Can I Find...

- **A Shabbat timer?** Gam Stock on Trumpeldor St. Any of the little hardware stores on Sholom Aleichem St. all in Merkaz Ziv.
- **Blech/Plata and Shabbat Urn/Meicham?** The same stores that sell appliances (again, it's great to get second hand, although these two aren't necessarily expensive to begin with). You may want to consider opting for a bigger Blech/plata - you never know how many people you'll wind up hosting on Shabbat!

TRANSPORTATION



➔ Bike or Scooter

Good for getting around in Haifa itself but not for long-distance travel, also be aware that there are lots of hills! You can buy a second-hand bike (regular or electric) or scooter on websites like Yad2 or Facebook Marketplace, or choose to purchase a new one online or from a store (you can Google to see what's available). We suggest doing your own research before making a purchase to ensure you are buying the product that's best for you.

➔ Cable Car

Cable Express is an easy and convenient way to travel up and down the mountain. The three stops are Haifa University (at the top), the Technion (in the middle), and the Mifratz Center (the Bay Center Station) where it meets up with the trains coming in and out of Haifa, as well as bus stations to take buses all over the city. cableexpress.co

➔ Bus

Plenty of buses travel within Haifa and through the campus. We urge you to download the Moovit app, which provides real-time information on public transit, including bus arrivals, nearby stops, and also helps you plan your trip through the best route (you can also use Google Maps). To pay, you may use your Rav-Kav or pay through the Moovit app. It's important to mention that although buses in Israel are mostly reliable, it is important to plan ahead of time in case of delays, which could occur, or for times when a bus is full of passengers and won't stop (this might happen during busy hours). We recommend leaving enough time when traveling for any unforeseen mishaps.

Bus directly to Tel Aviv: #784

Bus directly to Jerusalem: #972



➔ Train

Great for getting to further cities and more reliable than buses. There are four train stations in Haifa: Hof HaCarmel, Bat Galim, Merkaz/HaShmona, lev HaMifratz - can be easily reached by bus or cable car. Trains run 24/6 from these stations to Tel Aviv and Ben Gurion Airport. Getting to Jerusalem, one would transfer to the fast Jerusalem train at the airport. It is best to check the Israel Railways site or app for exact information (<https://www.rail.co.il/EN>) or the Moovit app. To pay for the train, you can pay with a Rav-Kav by tapping it at the gate, buy a ticket at the station, or pay through Moovit by creating a barcode as a ticket.

➔ Taxi

Like in any other city, taxis are a more expensive mode of transportation. We recommend getting a taxi either at hours when buses are not available, in emergencies, or when planning on carrying heavy baggage. The easiest and most common way to order a taxi is to download the Gett app (equivalent to Uber) and order a taxi through it.

➔ Car Rental

You can take a bus or cab 10 minutes down the mountain to the industrial area of the "Check Post" to rent a car, it's usually not that expensive in Israel to rent a car for a day.

- **Avis** - HaHistadrut Ave 39
- **Budget** - HaAshlag St 7
- **Blue Sky** - HaHistadrut Ave 84
- **Shlomo Sixt** - HaHistadrut Ave 48





CAMPUS FAQs

How do I make a laundry account?

Email laundry@asat.technion.ac.il with your student ID, and they'll make you an account. Alternatively follow the instructions on the flyer inside your nearest laundry room, which is usually found in every (or every other) dorm building. Paid for your laundry, but the machine didn't work? Email laundry@asat.technion.ac.il to get refunded.

Where is the nearest makolet (convenience store)?

In the Student Union building, it's called "Good Market" - great for small items.

Which health clinic is on campus?

Clalit has a clinic and pharmacy right on campus.

Where is the nearest pharmacy?

Clalit has a pharmacy on campus in the Student Union building, and Maccabi has one in Merkaz Ziv nearby to campus (a 5-10 minute walk). There's also a Superfarm in Merkaz Ziv.

Where can I get a Rav Kav?

- There's a place on HaBracha/Galil St.
- On the first day of classes there's usually a pop-up stand to help you get a Rav Kav with your student card (to receive discount)
- Central bus station (Lev HaMifratz and Hof HaCarmel)

You can recharge at "Gam Stock" on Trumpeldor St.

Where can I do a Shabbat meal if JLIC is off that Shabbat?

- Organizing yourself with other students through the "שבת שלום" or "Did you hear that?" whatsapp groups
- Chabad on Adam HaCohen St. 23
- B'Yachad meals (Israeli students organizing group meals in the Beit Midrash)

How do I get a gym/pool membership?

Go to the gym/pool office between the hours of 9:00 and 15:00. The office is upstairs.

Can't find a faculty on campus?

Put the name of the faculty in Google maps and start walking!

Can I take some Torah courses and get credits for my degree?

There are courses offered, mostly in Hebrew, in the Beit Midrash that count towards credits for elective courses.



WE HOPE WE HELPED!

Wishing you a **יישוב טוב** - much success and happiness settling into this most special and vibrant city and community!

We can't wait to meet you!

Rabbi Evan and Tova Levine





Stay in touch with JLIC Mizrachi Technion! Whatsapp Groups to Join:

- **Mizrachi JLIC Community** - our main broadcast group for all community events and activities: tinyurl.com/Mizrachi-JLIC-Community
- **Shabbat Shalom** - Students looking to join or host a Shabbat meal with other students in their dorms: tinyurl.com/Technion-Shabbat-Shalom
- **Did you hear that?** - Chat group for all of the English speaking students on campus, includes all the international students, students get to ask questions of each other and joke around: tinyurl.com/Did-You-Hear-That
- **Chavruta** - Sunday night Beit Midrash program: tinyurl.com/Technion-Chavruta
- **Timidim K'Sidram** - Shul at the Technion (Minyan group) - Minyan times for weekday and chaggim at the shul on campus: tinyurl.com/Timidim-KSidram



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CHECK OUT ALL OF OUR JLIC ISRAEL COMMUNITIES!



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Givat Shmuel / Bar Ilan University



Ben Gurion University



JCT-Lev

